PE ACTIVITY PROGRAM: 740-170 BASKETBALL I

Instructor: Dan Timm **Office: 1043 Gym-Nat, 262-7714**
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Office Hours: MTWR 12:30-1:30
Teaching Assistants: Mitch Morwood and Austin Wills

COURSE DESCRIPTION: Basketball I is designed to provide instruction and practice for the beginning player in the fundamental skills of the sport. Major areas of concentration include offensive fundamentals, defensive fundamentals, individual and team offense, individual and team defense, and game play.

PREREQUISITE: This course is for students with no or very limited experience playing basketball. It is not intended to provide a recreational or competitive opportunity for skilled players.

RECOMMENDED TEXT: Course materials are available on Learn@UW.

COURSE OBJECTIVES

Psychomotor Domain

Students will demonstrate an ability to perform offensive fundamentals (dribble, pass, catch, pivot, feint, shoot), perform defensive fundamentals (stance, footwork, positioning), rebound, execute individual and team offense (cut, drive, give and go, pick and roll, post moves), and execute individual and team defense (on-ball, sag, help).Additionally, students will develop cardiovascular endurance and muscular endurance to play an entire game, coordination and balance to effectively perform skills, agility to quickly change direction, and anaerobic capacity to sprint the length of the floor.

Cognitive Domain

Students will demonstrate an ability to read situations during a game and make the correct offensive or defensive decision for a given situation. Students will demonstrate knowledge of the purposes and values, history, rules, fitness applications, playing area, equipment, and scoring procedures of basketball.

Affective Domain

Students will demonstrate an ability to perform as a member of a team, cooperate, compete fairly, promote self-control, and respect the ability levels of others. Additionally, students will develop an appreciation for basketball, its aesthetic values, and the role it can play in an active lifestyle.

EVALUATION

Performance: Individual Skill Assessments - 50%

	Quantitative	Qualitative	Authentic
Defensive Footwork	5%	5%	
Rebounding		5%	5%
Dribbling	5%	5%	5%
Shooting	5%	5%	5%

Team Skills Assessment - 25%

(The team skills assessment will evaluate students on aspects of game play as specified on Learn@UW)

Knowledge: Written Exams - 15%

Mid-Term Exam 5%
Final Exam 10%

Fitness Assessment - 5%

Sportspersonship: Authentic Assessment - 5%

Attendance: Students are expected to attend all classes. **After the fourth absence, a student's final grade will be lowered to the next letter grade for each additional absence.**

Grade Point Equivalents: A = 93-100, AB = 89-92, B = 83-88, BC = 79-82, C = 70-78, D = 60-69

TENTATIVE SCHEDULE

Weeks 1-6	Offensive Fundamentals, Defensive Fundamentals, Team Offense, Team Defense
Week 7	Mid-Term: Individual Skills Testing and Written Exam
Weeks 8-14	Team Offense, Team Defense, Team Skills Assessment
Week 15	Final Written Exam

Special accommodations: The department wishes to fully include persons with disabilities in the PE Activity Program. Please let your instructor know if you need any special accommodations in the curriculum, instruction, or assessments of this course to enable you to fully participate. The department will maintain the confidentiality of the information you share with us.

PE Activity Program Policy: If an individual is unable to complete the skills tests or perform basic activities of the class, the instructor may recommend the individual enter the 740-125 Adapted Fitness & Personal Training class or the student has the option to drop the class (perhaps for medical reasons). In addition, if a student is registered in a class either above or below his/her skill level, as determined by the instructor, the instructor has the authority to direct the student to the appropriate level course.