

Pa Her

pa.her@wisc.edu

EDUCATION

- Ph.D. in Counseling Psychology (APA Accredited)** **08/2020**
University of Wisconsin-Madison
Advisor: Mindi N. Thompson, Ph.D.
Dissertation title: The Influence of Social Status and Racial Discrimination on Students of Color's Self-Regulated Learning and Persistence Intentions
Successfully Defended June 13, 2019
Chair: Mindi N. Thompson, Ph.D., HSP
- Master of Science Counseling** **05/2011**
Specialization in Higher Education
University of Wisconsin-Madison
Advisor: Alberta M. Gloria, Ph.D.
Thesis title: Hmong parents' educational encouragement of their undergraduate daughter/son
- Bachelor of Science Human Development and Family Studies** **12/2008**
Emphasis on Child Development
University of Wisconsin-Madison

HONORS & AWARDS

- Asian American Psychological Association (AAPA)**
- 2020 Post-Doctoral AAPA Leadership Fellow
- Edward E. Bouchet Graduate Honor Society**
- Honor society to recognize outstanding scholarly achievement and promote diversity and excellence in doctoral education
- Society of Counseling Psychology/Division 17 2018 Donald E. Super Dissertation Fellowship**
- Awarded \$1000 stipend for the support of dissertation research on career development
- Department of Counseling Psychology 2017 John W. M. Rothney Memorial Research Award**
- Awarded \$300 stipend in recognition of exemplary achievement in areas of research and teaching
- University of Wisconsin Graduate School 2011 Peer Mentor Award**
- Awarded for outstanding mentorship of undergraduate students in research
- Asian American Psychology Association/Division on Women 2010 Alice F. Chang Poster Award**
- Awarded the Alice F. Chang Poster Award for woman doing research on women
- Department of Counseling Psychology 2010 Patricia L. Wolleat Award**
- Awarded \$100 stipend for demonstration of excellence in teaching and services
- Educational Research Scholar Fellowship, 2009-2020 University of Wisconsin-Madison**
- Fellowship awarded to minority status students who demonstrate a high level of scholarship
- Ronald E. McNair Scholar, 2007-2008 University of Wisconsin-Madison**
- Post-baccalaureate achievement program for traditionally underrepresented groups in higher education

PRESENT POSITION

- Clinical Assistant Professional/Assistant Director of the Counseling Psychology Training Clinic (visiting)** **08/2020**
Department of Counseling Psychology, University of Wisconsin-Madison

Teach CPY 805 (Helping Relationship and Techniques), 865 (Lifestyle and Career Development), 737 (Advanced seminar in History and Systems of Psychology), 900/903 (Clinical Psychology Practicum), for masters and doctoral students. Provide support and oversight of training clinic. Provide supervision to masters and doctoral students.

PUBLICATIONS

PEER REVIEWED JOURNAL ARTICLES

1. Gloria, A. M., & **Her**, P. (2022). Txais tos niam txiv: Strengthening Hmong parents' efficacy belief, role, and college knowledge. *Journal of College Orientation, Transition, and Retention*, <https://doi.org/10.24926/jcotr.v29i2.3640>
2. **Her**, P., & Gloria, A. M. (2022). Yog peb txoj kev npau suav: HMong parents' knowledge, support, and confidence to assist their undergardaute students. *Journal of Family Diversity in Education*. 5 (1), 22-36.
3. **Her**, P., Gloria, A. M., Chang, S. Y., & Thao, P. (2022). HMong parent day/Hnub txhawb nqa niam txiv: Implementing psychosociocultural educational programming to honor rau siab. *Journal of Southeast Asian American Education and Advancement*. 17 (1)
4. **Her**, P., & Thompson, M. N. (2021). Examining the Persistence Intentions of College Students of Color. *Journal of Career Assessment*, 10690727211010382.
5. Hora, M., Chen, Z., Parrott, E., & **Her**, P. (2020). Problematizing college internships: Exploring issues with access, program design and developmental outcomes. *International Journal of Work-Integrated Learning*. 21 (3), 235
6. Hora, M., Parrott, E., & **Her**, P. (2020). How do students conceptualise the college internship experience? Towards a student-centered approach to designing and implementing internships. *Journal of Education and Work*. 33 (1), 48-66.
7. **Her**, P., Gloria, A. M., Chang, S., Thao, P., Lee, D., & Xiong, M. (2019). Niam txiv txoj kev txawj ntse: A psychosociocultural understanding of Hmong parents support of their Hmong American undergraduates. *Journal of Family Diversity in Education*.
8. Thompson, M. N., **Her**, P., Fetter, A., & Perez-Chavez, J. G. (2019) College students' psychological distress: Relationships to self-esteem and career decision self-efficacy beliefs. *Career Development Quarterly*.
9. Gloria, A. M., **Her**, P., Thao, B. J., Lee, D., Chang, S., Thao, A., & Aroonsavath, L. B. (2017). Tub txawj ntshias ntse: Experiences of Hmong American Undergraduates. *Journal of Family Diversity in Education*.
10. Thompson, M. N., **Her**, P., Nizarim, R. S., Sampe, M., & Diestelmann, J. (2017). The transmission of social class and world of work information in parents-adolescent dyads. *Journal of Career Assessment*.
11. Senghkamme, J. T., **Her**, P., Gloria, A. M., Lin, M. M., Thao, B. J., Cabinte, D., & Aroonsavath, L. B. (2017). *Txoj kev ntshiab*: Hmong American undergraduates' perceptions of intellectual phoniness and psychosociocultural persistence decisions. *Journal of Southeast Asian American Educational Advancement*.

-
12. **Her, P.**, & Gloria, A. M. (2016). *Kev txhawb siab*: Hmong parents' educational encouragement of their undergraduate daughter/son. *Journal of Family Diversity in Education*.
 13. Thompson, M. N., Nitzarim, R. S., **Her, P.**, Diestelmann, J., & Sampe, M. (2015). Financial stress and work hope beliefs among adolescents. *Journal of Career Assessment*, 1069072715621517.
 14. Lin, M. M., **Her, P.**, & Gloria, A. M. (2015). *Kawm ntawv qib siab*: Understanding the psychosociocultural educational experiences of Hmong American undergraduates. *Journal of Southeast Asian American Educational Advancement*, 10(1), Article 7. doi: 10.7771/2153-8999.1123
 15. Thompson, M. N., **Her, P.**, & Nitzarim, R. S. (2013). Personal and contextual variables related to work hope among undergraduate students from underrepresented backgrounds. *Journal of Career Assessment*, 1069072713514814.
 16. Thompson, M. N., Nitzarim, R. S., **Her, P.**, & Dahling, J. J. (2013). A grounded theory exploration of undergraduate experiences of vicarious unemployment. *Journal of counseling psychology*, 60(3), 421.

MINOR PUBLICATIONS, TECHNICAL REPORTS AND BLOGS

17. **Her, P.** (2024). Radical Hope: Career Interventions for Underrepresented Students in Higher Education. Early Career Scholars Program. *Center for Research on College-Workforce Transitions*. University of Wisconsin-Madison, Division of Continuing Studies. Retrieved from
18. Hora, M. T., Chen, Z., Wolfgram, W., & **Her, P.** (2019). Results from the college internship study at the University of Wisconsin-Oshkosh. *Center for Research on College-Workforce Transitions Technical Report*. Retrieved from <http://ccwt.wceruw.org/research/technicalreports.html>
19. Chen, Z., Wolfgram, W., **Her, P.** & Hora, M. T. (2019). Results from the college internship study at University of Baltimore. *Center for Research on College-Workforce Transitions Technical Report*. Retrieved from http://ccwt.wceruw.org/documents/CCWT_report_results%20from%20U%20Baltimore.pdf
20. Hora, M. T., Chen, Z., Parrott, E., & **Her, P.** (2019). Problematizing college internships: exploring issues with access, program design, and developmental outcomes in three U.S. colleges. *Wisconsin Center for Education Research Working Paper*. Retrieved from <https://www.wcer.wisc.edu/publications/abstract/working-paper-no-2019-1>
21. Chen, Z., & **Her, P.** (2018). Access and barriers to internships for college students. *Center for Research on College-Workforce Transitions Blog*. Retrieved from <https://blog.ccwt.wceruw.org/access-and-barriers-to-internships-for-college-students/>
22. **Her, P.**, Hoffman, A., & Kosciuk, S. (2013). Using survey-based assessments to inform first-year student interventions in the Center for Academic Excellence. *Noel Levitz Retention Success e-Journal*.

PROFESSIONAL PRESENTATIONS

PEER REVIEWED PRESENTATIONS

1. **Her, P.**, Thompson, M. N., Sanchez, M., Keita, N., Williams, K., & Hasan, M. (2024). Overview of the Tune in to Strive Out Program for Student Career Wellness and How to Implement it with your students. Student Personnel Association Conference. Madison, WI. January 9, 2024. (Conference was cancelled due to weather).
2. Clemens, M., **Her, P.**, Banuelos, N., & Sanchez, M. (2024). Center for Workforce Transitions. Student Personnel Association Conference. Madison, WI. January 9, 2024. (Conference was cancelled due to weather).
3. **Her, P.**, Ho, Y. C. S., & Floro, M. (2022). Intersectionality and Cultural Nuances across Asians and Asian American Communities. Speaker presentation at the Asian American Psychological Association Convention. Virtual. September 30 – October 2, 2022.
4. Hora, M., Chen, Z., Wolfgram, M., **Her, P.**, & Chin, M. Y. (2019). Barriers to internship participation: findings from a five campus mixed-methods study. Paper presentation at the Annual American Educational Research Association conference. San Francisco, CA, April 17-21, 2020.
5. **Her, P.**, & Thompson, M. N. (2019). Relationships of intrapersonal factors and self-focused perceptions on persistence intentions. Symposium presentation at the Annual Conference of the American Psychological Association. Chicago, IL, August 8-11, 2019.
6. **Her, P.**, Parrott, E., Hora, M. (2019). Understanding the ways that students, educators, and employers understand and conceptualize internship: results from a free list study. Symposium presentation at the Annual Conference of the American Psychological Association. Chicago, IL, August 8-11, 2019.
7. Kawennison Fetter, A., Perez-Chavez, J., **Her, P.**, & Thompson, M. N. (2019). College students' psychological distress: relationships to self-esteem and career self-efficacy beliefs. Poster presentation at the Annual Conference of the American Psychological Association. Chicago, IL, August 8-11, 2019.
8. Hora, M., Chen, Z., & **Her, P.** (2019). Exploring issue of access/equity, program quality in college internship program. Poster presentation at the Annual Conference of the American Psychological Association. Chicago, IL, August 8-11, 2019.
9. Cadaret, M., Wilkins-Yeh, P., Krieschok, T., Thompson, M. N., & **Her, P.** (2018). Foundational and innovative practices for teaching vocational psychology. Critical Issues in Counseling Psychology; Society for Vocational Psychology. Roundtable presentation at the Annual Conference of the American Psychological Association. San Francisco, CA, August 8-August12, 2018.
10. Oleen-Junk, N. A., Thompson, M. N., & **Her, P.** (2015). Measuring the Psychology of Social Status: Development and Validation of the Differential Status Identity Scale. Poster presentation at the Annual Conference of the American Psychological Association. Toronto, Canada, August 6-August 9, 2015.
11. **Her, P.**, Nitzarim, R. S., Diestelmann, J., Sampe, M., & Thompson, M. N. (2015). The Transmission of Career and Social Class-Related Information within Families: A Grounded

Theory Exploration. Poster presentation at the Annual Conference of the American Psychological Association. Toronto, Canada, August 6-August 9, 2015.

12. Thompson, M. N., Nitzarim, R. S., & **Her**, P., & Dahling, J. (2013). Ending the Cycle: Grounded Theory Exploration of Undergraduate Experiences of Vicarious Unemployment. Symposium presentation at the Annual Conference of the American Psychological Association. Honolulu, HI, July 31-August 4, 2013.
13. Thompson, M. N., **Her**, P., & Nitzarim, R. S. (2013). Understanding Hope as a Motivating Factor in Undergraduate Students' Academic and Career Development. Poster presentation at the Annual Conference of the American Psychological Association. Honolulu, HI, July 31-August 4, 2013.
14. **Her**, P., Chang, S. Y., Thao, P., Thao, K., Gloria, A.M., Vang, H., Xiong, M., Xiong, M., Douangdara, S., Yang, R., Vue, P., & Lor, M. (2013). Hmong Parents' Role, Beliefs and Knowledge of their child's Higher Education Experience. Poster presentation at the Annual Conference of the American Psychological Association. Honolulu, HI, July 31-August 4, 2013.
15. **Her**, P., Sanyaolu, A. O., Callaway, W. S., Lozano, A., Brewoo, K. K., Gomez, N. J., & Lam, L. N. T. (2013). A Review of how Peer Mentoring Program Develop Student Leaders. Workshop presentation at the National Conference on Race and Ethnicity. New Orleans, LA, May 28 – June 1, 2013.
16. **Her**, P., Chang, S. Y., Thao, P., Gloria, A.M., & Thao, K. (2012). Niam Txiv Kev Txhawb: Hmong Parents' Support of Hmong Undergraduate. Poster presentation at the Annual Conference of the American Psychological Association. Orland, FL August 2-5, 2012.
17. **Her**, P., Chang, S., Thao, P., Thao, K., Gloria, A. M., Xiong, M., & Douangdara, S. (2012). Hmong Parents' Day: Hosting a campus event for community advancement. Poster presentation at the Annual Conference of the Asian American Psychological Association, Orlando, FL, August 1, 2012.
18. **Her**, P., & Gloria, A.M. (2011). Txhawb Nqa: Hmong Parents' Educational Encouragement of Undergraduates. Annual Conference of the American Psychological Association. Washington DC, August 4-7, 2011.
19. Thao, P., Gloria, A.M., Kivlighan, D.M., **Her**, P. (2011). Understanding the Needs and Coping Processes of Undergraduates on Academic Probation. Annual Conference of the American Psychological Association. Washington DC, August 4-7, 2011.
20. **Her**, P., Chang, S., Thao, P., Lee, D., & Gloria, A.M. (2011). NiamTxiv Txoj Kev Txhawb: Hmong Parents' Support of Hmong Undergraduates. 15th Hmong National Conference, Minneapolis, MN, April 22-24, 2011.
21. **Her**, P., Chang, S., Thao, P., Lee, D., Thao, A., & Gloria, A. M. (2010). Niam Txoj kev txhawb: Hmong Mothers' Support of Hmong Undergraduates. Poster presentation at the Annual Conference of the Asian American Psychological Association, San Diego, CA, August 11, 2010.
22. Thao, B. J., **Her**, P., Lee, D., Chang, S., Thao, A., Aroonsavath, L., Gloria, A. M., & Sengkhamee, J. T. (2009). Kawm Ntawv Qib Siab: Experiences of Hmong American

Undergraduates. Paper presented at the Annual Conference of the American Psychological Association, Toronto, Canada, August 9, 2009.

23. Sengkhammee, J.T., **Her**, P, Lin, M. M., Lee, D., Chang, S., Thao, A.S., & Gloria, A. M. (2009, April). Lub zej zos txoj kev txhawb nqa cov tub ntxhais txoj kev kawm ntawv qib siab: A Workshop for Family and Community Support of Hmong American Undergraduates. 14th Hmong National Conference, Appleton, WI, April 3, 2009.
24. Thao, B. J., Aroonsavath, L., **Her**, P., Thao, A., Lee, D., Chang, S., & Gloria, A. M. (2009). Kawm Ntawv Siab: Learning From the Voices of Hmong American Undergraduates: Social and Cultural Issues for Considerations. 14th Hmong National Conference, Appleton, WI, April 3, 2009.
25. Sengkhammee, J. T., Lin, M. M., **Her**, P., Thao, B. J., Aroonsavath, L. B., Cabinte, D., Gloria, A. M. (2008). Txoj Kev Nsthiab: Understanding Hmong American Undergraduate Educational Experiences. Paper presented at the Annual Conference of the American Psychological Association, Boston, MA, August 16, 2008.
26. Sengkhammee, J. T., Lin, M. M., Thao, B. J., **Her**, P. (2008). Educational Experiences of Hmong American Undergraduates: Issues and Considerations. A 1.5 hour workshop presented at the Hmong National Conference, Denver, CO, March 27, 2008.

INVITED PRESENTATIONS

1. Thompson, M. N., **Her**, P., Keita, N., Williams, K., Sanchez, M., & Hasan, M. (2023). Facilitating Student Career Wellness: An overview of the Tune in to Strive Out Program. Center for College Workforce Transitions Conference. Madison, WI, November 2nd, 2023.
2. **Her**, P., & Hasan M. (2023). Radical Hop: Career Interventions for underrepresented students. Center for College Workforce Transitions Conference. Madison, WI, November 2nd, 2023.
3. **Her**, P., Chang, S., Thao, P., Lee, D., Xiong, M., Xiong, M. & Gloria, A.M. (2011). Niam lo lus rau siab: Hmong mothers' support workshop at the Hmong Comparative Conference. Madison, WI, March 4-6, 2011.
4. **Her**, P. (2011). Lus Txhawb Nqa: Survey of Hmong parents' educational encouragement workshop at the Hmong Comparative conference. Madison, WI, March 4-6, 2011.
5. **Her**, P. & Gloria, M. A., (2010). Understanding Hmong parents' perception of higher education. The UW-Madison Counseling Psychological Annual Social Justice Conference, Madison, WI, February 26, 2010.
6. **Her**, P., Chang, S., Thao, P., Lee, D., Thao, A., & Gloria, M. A., (2010) (Joint authorship for 2nd and 3rd). Lo lus rau siab: Hmong Parents' support of Hmong Undergraduate. The UW-Madison Counseling Psychological Annual Social Justice Conference, Madison, WI, February 26, 2010.
7. **Her**, P., Chang, S., Lee, D., Thao, A., Thao, P., & Gloria, M.A., (2009). (Authorship listed in alphabetical order). Khoom Tes: Voices of Hmong undergraduates and Hmong parents. Hmong American Student Association Annual conference, Madison, WI, March 13, 2010.

-
8. **Her, P.** (2008). Psychosociocultural Educational Experiences of Hmong American Undergraduate. Poster presented at the 17th National Ronald E. McNair Scholars Research Conference & Graduate School Fair, Delavan, WI, November 1, 2008.

INVITED SPEAKER PRESENTATIONS

1. **Her, P.** (2023). *Applying to Graduate School for a Mental Health Degree: Emphasis on Counseling Psychology Programs*. Wisconsin United Coalition of MAA, Virtual event. November 14, 2023.
2. **Her, P.** (2023). *Harmonizing Minds: Exploring Mental health in the Hmong Community*. Panelist at the Wisconsin United Coalition of MAA and Madison College, Madison, WI. October 7, 2023.
3. **Her, P.,** Nguyen, T., & Nguyen, T. (2023, July). *Working with Southeast Asian American Communities*. Asian American Psychological Association., Virtual.
4. **Her, P.** (2021, April). *Trauma-informed care among Asian Americans*. The Hmong Institute, Madison, WI
5. **Her, P.,** Krimer, C., Clevert, C. N., & Kaiser, A. M. (2017, December). *Leading the way: diversity and inclusion – more than misconduct for harassment and discrimination*. Panelist at the State Bar of Wisconsin, Milwaukee, WI.
6. **Her, P.** (2017, January). *Preparing for graduate school, campus visits and interviews*. Graduate student presentation at the UW-Madison Ronald E. McNair Scholar Program monthly workshop, Madison, WI.
7. **Her, P.,** & Smith, A. (2015, November). *Microaggressions*. Graduate student presentation at the UW-Madison Multicultural Graduate Network Coffee Hour, Madison, WI.
8. **Her, P.,** Couper, D., & Medrano, M. (2015, November). *A Tale of 2 Cities: Perceptions Vs. Reality in the Greater Madison Area*. Panelist at the UW-Madison Diversity Forum, Madison, WI.
9. **Her, P.** (2015, April). *Connecting the past to the future: Hmong language and culture*. Keynote Address provided at the Annual Hmong Language and Cultural Gala Dinner, Madison. WI.

EDITORIAL RESPONSIBILITIES

1. **Ad Hoc Reviewer:** Journal of Southeast Asian American Educational Advancement
2. **Ad Hoc Reviewer:** Asian American Journal of Psychology

GRANT ACTIVITIES

1. Gross, S., Sanyaolu, A., **Her, P.,** Wilson, D. (2017). Faculty Engagement; Collaboration Between Honors and CAE. Pathways to Excellence Fund. (Fully funded).
2. **Her, P.** (2015). American Multicultural Student Leadership Conference. Pathways to Excellence Fund. (Fully funded).
3. Gloria, A. M., **Her, P.,** & Thao, P. (2011). Hmong Parent Day. Kemper K. Knapp Award, University of Wisconsin (Partial funded).

RESEARCH EXPERIENCES

- Tuned-in labs, Co-director** 08/2022 - Present
Center for research on college-workforce transitions, University of Wisconsin-Madison
Co-direct the labs on students' wellness and career development. Implemented a career wellness, Tune in To Strive Out program, for underrepresented students using a Radical Healing Framework and Career development theories. Facilitated career wellness workshop and trained facilitators to implement career wellness program nationally. Supported graduates to implement workshop.
- Work and Wellness Lab, Co-facilitator** 08/2018 – 05/2019
Department of Counseling Psychology, University of Wisconsin-Madison
Assisted with weekly research lab meetings and facilitated group discussion. Supported doctoral students in research productivity. Organized and prepared presentation materials for lab members.
- Center for College-Workforce Transition, Graduate Research Assistant** 08/2018 – 07/2019
WI Center for Education Research, University of Wisconsin-Madison
Principle Investigator: Matthew T. Hora, Ph.D. & Zi Chen, Ph.D.
Conducted mixed-method study focused on college internships. Examined students' experiences during internship as related to student outcomes such as employment, wages, vocational self-concept, and job satisfaction. One of the foci of the project was to examine potential barriers to participation in work-based learning for low-income, first-generation and/or under-represented minority college students.
- Hmong Research Team, Member and Team Lead** 08/2008 – 08/2019
Department of Counseling Psychology, University of Wisconsin-Madison
Principle Investigator: Alberta M. Gloria, Ph.D.
Research team examined Hmong undergraduates' experiences and Hmong parents' support of their undergraduate child. Used both qualitative and quantitative methods to conduct research studies. Led weekly research meetings and mentored undergraduate students.
- Research Assistant** 08/2011 – 05/2013
Department of Counseling Psychology, University of Wisconsin- Madison
Principle Investigator: Mindi N. Thompson, Ph.D.
Conducted three research projects; undergraduate various experiences with unemployment, college students' hope and career goals, and how family transmits labor market experiences and messages impact career development of adolescents. Research team utilized Grounded Theory to analyze qualitative data and coding. Collaboratively wrote and edited manuscript for publication.
- Academic Enhancement Seminars, Research Assistant** 05/2011 – 08/2011
Department of Counseling Psychology, University of Wisconsin-Madison
Principle Investigator: Alberta M. Gloria, Ph.D.
Research team examined students' educational narratives and subsequent difficulties that moderated their academic probation status. Team utilized content analysis procedure to analyze and code for emergent themes.
- Student Researcher-Data Analysis Assistant** 02/2009 – 07/2010
Center on Education and Work, University of Wisconsin-Madison
Principle Investigator: V. Scott Solberg, Ph.D.
Analyzed 15 parents' focus groups for the Individual Learning Plan study evaluating the effectiveness of the plan in 4 schools. Coded over 200 Singaporean students' report using James Marcia's career identity model. Performed data processing (including data cleaning and checking, and occasional data

entry) and statistical analysis, primarily using SPSS. Analyzed data and prepared graphs, tables and reports as required. Transcribed and coded qualitative research content.

McNair Scholar

05/2007 – 12/2008

University of Wisconsin-Madison

Attended a series of seminars that provided information on the graduate school application and exposure to graduate academic culture with emphasis on developing research skills including proposal writing, abstracts and research methodology. Engaged in research related activities during both the school year and the summer under the guidance of a designated faculty member.

TEACHING EXPERIENCES

Visiting Assistant Clinical Professor

08/2020 – Present

Department of Counseling Psychology, University of Wisconsin-Madison

Taught graduate courses to both doctoral and masters students. Served as the instructor on record. Taught Counseling Psychology Practicum – Foundational and Advanced (doctoral), Career Counseling (masters), Helping Relationships & Techniques (masters), & History and Systems of Psychology (doctoral)

Teaching Assistant – Lifestyle and Career Development

01/2018 – 05/2018

Department of Counseling Psychology, University of Wisconsin-Madison

Serves as the Teachers Assistant and assists with class grading and facilitations. Introduced students to the broad field of work psychology including career development, career assessment, vocational rehabilitation, vocational psychology, and employment counseling. Facilitates course discussion on expanding the scope of clinical services to include vocational and career struggles for Masters and PhD level clinicians. Prepares weekly class material with primary instructor to elucidate effective pedagogical approaches.

First-Year Seminar Instructor

Fall, 2015,

Fall/Spring, 2017

Center for Academic Excellence, University of Wisconsin-Madison

Developed, implemented, and taught three one-credit first-year seminars to 50 students in the Center for Academic Excellence (CAE). Taught the course for three consecutive semesters. The course was designed to foster CAE first-year students' transition to UW-Madison through the exploration of self-identity, career and major interests. The course objectives are to assist students in their transition to UW-Madison, facilitate personal growth through self-awareness and life planning, engage in career and major exploration as relevant to future goals, and orient students to the university and community resources to support personal and career development.

Wisconsin Experience Instructor

09/2012 – 12/2012

Center for First-Year Experience, University of Wisconsin-Madison

One-credit semester-long course for first-year students. Engaged student in an intensive discussion on the college transition, a research university, the Wisconsin Experience, and a liberal education. Developed course assignments and discussions to foster students 'critical thinking, speaking, and communication skills. Facilitated dialogues around diversity topics throughout the course.

CLINICAL EXPERIENCES

Post-Doctoral Clinical Experiences

08/2020 – 08/2021

University of Wisconsin-Madison, Counseling Psychology Training Clinic (CPTC)

Completed a 2,000-hour post-doctoral experience to receive hours to become a psychologist. Provided free individual therapy to low-income, clients of color, and students. Saw on average five clients per

week and provided individual and group supervision to student clinicians. Supported community specialists in providing outreach presentations and workshops to students of color at the university. Consulted with local Hmong mental health services and provided training to their staff. Received one hour of individual supervision per week.

Pre-Doctoral Intern (APA Accredited)

08/2019 – 08/2020

University of Minnesota, Student Counseling Services (SCS)

Provided individual psychotherapy in brief treatment model (6-10 sessions). Facilitated Interpersonal Process groups and Grief support group. Conducted triage and consultation services. Provided individual clinical supervision for master and doctoral level trainees. Developed outreach programming for underrepresented student population.

Doctoral Extern

10/2017 – 12/2017

Madison Veterans Hospital Administration, PTSD treatment Clinic

Conducted evidence-based and empirically-supported psychotherapy with veterans exhibiting a wide variety of presenting problems, including PTSD, substance use, depression, anxiety, grief, and loss of relationships. Engage in weekly individual supervision.

Doctoral Advanced Practicum Clinician

09/2016 – 05/2017

Edgewood College Counseling Center

Provided 8-14 hours of individual therapy with college students. Students' presenting concerns ranged from depression, anxiety, eating disorders, sleep issues, relational concerns, dating violence, and sexual abuse. As a part of a small clinical team, conducted intakes, saw crisis appointments, and participated in various outreach activities focused on depression, sleep, social justice fatigue, and stress reduction. Co-facilitated a 60-minute weekly interpersonal process group with the integration of a media component, co-facilitated a 90-minute managing family difficulty group, and a 60-minute multicultural self-care group. Received one hour of individual supervision per week.

Our Wisconsin Facilitator

08/2016 – 12/2016

UW-Madison Division of Student Life

Co-facilitated three 3-hour large group workshops on campus climate to promote a boarder awareness of diversity on campus and respect for those differences and to enhance skills to engage in constructive dialogue, as well as to resolve conflict in a civil manner. Provided education to over 50 first-year students and engaged students in small and large group discussions.

Doctoral Foundational Practicum Clinician

08/2015 – 05/2016

Journey Mental Health Center

Worked with low-income clients and assessed their psychological needs. Provided psychological services to adolescents and adults focusing on issues related to bi-polar disorder, anxiety, depression, AODA, self-esteem, domestic violence, and parenting. Tailored treatment to the individual client, with the average course of counseling involving regular individual one-on-one counseling sessions, ongoing case management, and group therapy along with other therapeutic interventions as needed. Facilitated a two-hour parent's group, a 90-minute adult interpersonal group, and a two-hour court mandated men's support group.

First-year Doctoral Clinical Experience

08/2014 – 05/2015

Counseling Psychology Training Clinic

Maintained a clinical caseload of two individual clients per week and provided family therapy with an advanced doctoral student. The clinic adheres to a live observation model such that psychotherapy sessions are observed by supervisors, faculty and fellow practicum students in order to provide immediate feedback to clinicians and to effectively manage ongoing client crises.

Parent Advocate**08/2008 – 12/2013***Parent Stressline*

Served as a parent advocate for the Parent Stressline, a child abuse and neglect prevention program listening line that offers parents a confidential and anonymous place to express a wide range of concerns. Participated in a 16 hour training to actively listen to callers and encourage them to talk about their thoughts, feelings, and situations. Provided referrals to community services as needed.

Master's Practicum Clinician**09/2010 – 05/2011***University Health Services, Counseling and Consultation Services*

Provided individual and psychoeducational group therapy with university students as part of comprehensive medical, psychiatric, and nutritional staff team. Engaged students in individual counseling to treat depression, anxiety, adjustment, grief, acculturation, self-esteem, identity development, self-harm, and relationships concerns. Implemented and monitored individualized treatment plan based on student's identified goals. Led psychoeducational groups for students experiencing social anxiety and relationship concerns.

Master's Practicum Clinician**07/2010 – 06/2011***Canopy Center- Oasis Adult Therapy Group*

Co-facilitated weekly female adult sexual trauma therapy groups to increase insight into nature of trauma experience and maladaptive coping mechanisms. Clients diagnosed with variety of presenting problems including bipolar disorder, generalized anxiety disorder and post-traumatic stress disorder. Participated in individual supervision and group/individual case notes.

SUPERVISION EXPERIENCES**Clinical Manager & Supervisor****09/2017 – 05/2019***Counseling Psychology Training Clinic Teaching Assistant*

Assisted director in the oversight of daily clinic tasks including formalized intakes, assigning clinical work to trainees, managing comprehensive clinic scheduling, answering questions of community members regarding the clinic and manage clients with referrals. Oversaw live supervision of ten Masters and Doctoral level trainees and drop in to the session as needed for risk assessment purposes. Led group supervision and provide feedback to trainees regarding clinical work. Provided weekly individual supervision to a Masters trainee.

Supervisor**01/2017 – 05/2017***Counseling Psychology Training Clinic*

Provided individual supervision to one master's level counseling psychology trainees. Completed semester-long supervision course reviewing major theories in supervision, working from the Integrated Developmental Model (IDM) of supervision. Administered Supervisory Working Alliance Inventory-Trainee Form (SWAI-T) and Supervisee Levels Questionnaire-Revised.

COORDINATING & ADVISING EXPERIENCES**Empowering You Conference****October, 2013,***Center for Academic Excellence, University of Wisconsin-Madison***2014, 2015, 2016,****2017, 2018**

Coordinated, planned, and implemented the Empowering You conference annually to enhance over 200 multicultural college students' engagement with employers, faculty, staff, and campus resources. Developed conference program and worked with conference committee to recruit employers, campus partners, and community members to present at the conference. Partnered with corporate sponsors to align goals of the conference to meet sponsors' needs as directed on their contract.

Graduate Assistance – Co-Director of Peer Mentor Program **08/2014 – 08/2018**

Center for Academic Excellence, University of Wisconsin-Madison

Directed peer mentor program for underrepresented students and supervised mentors in assisting first-year students with transition to college. Guided mentors to create and implement programming such as study skills, stress management, and financial literacy as relevant to the first year experience. Led weekly staff meetings and provided one-on-one bi-weekly supervision to each mentor.

Academic Advisor/Director of Peer Mentor Program **09/2011 – 08/2014**

*Pathways Student Academic Services, Center for Academic Excellence,
University of Wisconsin-Madison*

Provided academic advising to first- and second-year underrepresented students. Assisted students with interpreting DARS reports, understanding major and degree requirements, and post-graduation planning. Assisted in developing programs to enrich students' development. As director of CAE peer mentoring program, developed peer mentor manual, provided peer mentor trainings, supervised 20+ undergraduate students, and managed peer mentor budget. Also, served on the enrollment management committee, Noel-Levitz task force, and Academy project. Co-coordinated sophomore conference for CAE students. Assisted the center with data collection and analyzed data to understand first-year students' experience using Noel-levitz. Participated on the Academy Projects visionary team to develop pipeline programs for undergraduates to pursue graduate and professional school.

Hmong Parents' Day **April, 2011, 2012, 2014**

Department of Counseling Psychology, University of Wisconsin -Madison

Led and coordinated three Hmong Parents' Day that brought over 150 parents to the university's campus to increase their "college knowledge" and to increase their sense of efficacy as they support their children in college. Provided educational workshops and conducted campus tours to enhance parents' college knowledge. Wrote proposals to campus partners for financial support of the event. Collaborated with multiple campus offices and resources as well as student organizations to ensure the success of the event.

Special Events Lead **05/2011 – 08/2011**

PEOPLE program, University of Wisconsin-Madison

Coordinated, planned, and implemented events for PEOPLE's middle school program. Worked closely with instructors, staff, students, parents, and campus partners to successfully plan and complete events.

Graduate Assistance- Diversity Dialogues Coordinator **08/2010 – 05/2011**

Department of Counseling Psychology, University of Wisconsin -Madison

Coordinated approximately 50 diversity dialogues for undergraduates. Co-facilitated ten 90 minutes diversity dialogue discussions for a small group of ten to twelve students. Provided two one-hour facilitators' training for first year master students in Counseling.

Intern Advisor **02/2009 – 08/2009**

Madison Areas Technical College

Provided developmental and financial advising and case management to students in the Precollege and Transition Program. Served a diverse student population ranging from limited English proficiency to retuning adult students. Worked with students who have mental health and learning disabilities as well as students who are on parole. Also provided academic support as a tutor.

CONSULTING EXPERIENCES

Translator/Interpreter/Consultant

Madison community

05/2012 – 05/2015

Contracted to consult, interpret, and translate documentations for various organizations throughout Southern Wisconsin.

Consultant/Evaluator **05/2010 – 08/2010**

Center for Educational Opportunity, University of Wisconsin-Madison

Researched and presented on best practices for student support services to serve first-generation, low-income students at large universities, specifically delving into the pros and cons of student-centered programs versus mandatory activity-based programs.

Consultant **08/2010**

Wisconsin Interns Consortium, University of Wisconsin-Madison

Consulted with doctoral students in psychology on clinical considerations for working with the Hmong by integrating Hmong culture and history.

Consultant **09/2009**

School of Education, University of Wisconsin-La Crosse

Trained Education faculty on Hmong undergraduate experience through a Psychosociocultural lens for Educational Advancement.

SERVICE

AAPA National Convention Planning Committee **2021, 2022**

Asian American Psychological Association (AAPA)

Serve as co-chair of the Banquet Committee for the AAPA 2021 and 2022 convention. AAPA is one of the largest Asian American psychological and mental health professional organizations in the United States. The national convention is held annually, and it provides an educational forum on issues in Asian American psychology and mental health. Planned and organized the banquet. Provided feedback and assisted other committees in ensuring a successful convention.

Southeast Asian Americans workgroup **2021**

Asian American Psychological Association (AAPA)

Worked collaboratively with other self-identified Southeast Asian American colleagues across different institutions on a petition for the Asian American Psychological Association (AAPA) to establish a new division on Southeast Asian Americans. Contributed to the petition by researching and writing about Southeast Asian Americans' mental health issues.

Supervision & Training Section, Treasurer **2021 - Present**

Serve as treasurer for the Supervision & Training Section within the American Psychological Association, Division 17, Society for Counseling Psychology. Primary responsibility is to oversee the financial records of the Section. In this position, I will also work with the elected leadership board to support racial equity within the Section and promote more inclusive spaces for underrepresented perspectives.

Search Committee Member **Spring, 2018**

Department of Counseling Psychology, University of Wisconsin-Madison

Vacancy: Clinical Assistant Professor/Assistant Director of the Counseling Psychology Training Clinic
Provided feedback on applicants and assisted with phone and in-person interviews.

Campus Diversity and Climate Committee **05/2013 – 08/2014**

University of Wisconsin-Madison

Represented the interests of over 7,500 academic staff on this committee. This shared governance advises the administration, the faculty, the academic staff, the classified staff, and the recognized student governance organization on campus diversity and climate policy. Provided feedback on campus diversity initiative and served on the Diversity Forum subcommittee.

Council for Academic Advising**09/2013 – 08/2014***Office of Undergraduate Advising, University of Wisconsin-Madison*

Worked collaboratively with members of the advising community to streamline sharing of advising information and practice, and identified advising issues and concerns. Provided recommendation to director of advising to address challenges undergraduate students faced as they interacted with the advising services. Worked on a subcommittee focusing on the relationship between academic and career advising. Provided recommendations for integrating both services on campus.

Search Committee Member**Spring, 2014***Office of Undergraduate Advising, University of Wisconsin-Madison*

Vacancy: Director of Pre-Law Office

Screened, interviewed, and provided feedback on applicants for director of pre-law position.

Search Committee Member**Spring, 2012***Center for Academic Excellence, University of Wisconsin-Madison*

Vacancy: Assistant Dean/Assistant Director of the Academic Advancement Program

Reviewed, screened, and interviewed prospective candidates. Provided feedback on applicants and forwarded recommendation to director of program for hire.

CERTIFICATIONS

- ◆ Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) web
- ◆ Mental Health First Aid
- ◆ Screening, Brief Intervention and Referral to Treatment (SBIRT)

AFFILIATIONS

- ◆ American Psychological Association
 - Society of Counseling Psychology (Division 17)
 - Section on Supervision & Training
 - Society for the Psychological Study of Culture, Ethnicity and race (Division 45)
- ◆ Asian American Psychological Association
 - Division of Women
 - Division on Southeast Asian Americans
- ◆ Association of Psychology Training Clinic
 - Diversity Committee

LANGUAGES SPOKEN

Bilingual in Hmong and English