Alyssa Marie Ramírez Stege

(Pronouns: she/her/ella)

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**Educational Experience**

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| FALL 2014-SPRING 2019  | **Doctor of Philosophy** University of Wisconsin-Madison APA Accredited Counseling Psychology Program **Dissertation Title**: *¿Qué tiene?* Experiences of mental illness and perspectives from providers, patients, and caregivers in Mexico.  |
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| FALL 2012-SPRING 2014 | **Master of Science** University of Wisconsin-Madison Counseling Psychology | GPA: 4.0 |
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| FALL 2006-SPRING 2011 | **Bachelor of Science (*Licenciatura*)** Universidad de las Américas Puebla Psychology | *Magna Cum Laude* GPA: 3.8 |

**Positions Held**

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| PRESENT  | **Clinical Assistant Professor** Department of Counseling Psychology University of Wisconsin-Madison  |
| AUGUST 2019- SEPT 2020  | **Assistant Professor**, tenure-trackSocial, Behavioral & Human Sciences School of Interdisciplinary Arts & Sciences University of Washington Tacoma |
| JULY 2018-AUGUST 2019 | **Doctoral Internship** Pacific Psychology & Comprehensive Health ClinicsPortland & Hillsboro, OR APA-Accredited, APPIC listed doctoral internship |

**Awards**

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| SPRING 2020 | **University of Washington Tacoma Office of Community Partnerships Faculty Fellows** * Received $10,000 award as co-PI for development of publicly-engaged scholarship program “ALAS: **A**dolescent **L**atinas **A**dvancing **S**aludmental through **S**torytelling” in partnership with Proyecto MoLE (Movimiento Latino Estudiantil) in local Mt. Tahoma High School.
 |
| SPRING 2018  | **Bouchet Graduate Honor Society (BGHS)*** Inducted into society inaugurated at Yale and Howard universities as founding chapters in 2005 to honor Dr. Edward Alexander Bouchet, the first African American to earn a doctorate degree from an American university.
* Society currently includes 16 chapters across the U.S. and each chapter inducts 5 doctoral students each year from across the university campus that demonstrate exemplary qualities of character, leadership, advocacy for students who have been traditionally underrepresented in the academy, scholarship, and service.
 |
| SPRING 2017 | **Department of Counseling Psychology 2017 R. Wray Strowig Memorial Award** **University of Wisconsin-Madison*** Awarded $300 stipend in recognition of academic excellence, excellence in practice, and devotion to professional aims and objectives.
 |
| SUMMER 2016  | **Institute for Regional and International Studies (IRIS) Graduate Student Summer Fieldwork Award*** Awarded $3,000 to support research on understanding Patient, Caregiver, and Mental Health Provider explanatory models of mental illness in Mexico.
 |
| FALL 2014 | **Charles Hughes Fellowship Award****Society for the Study of Psychiatry and Culture (SSPC)** * Awarded $500 to present paper titled “Culture in Context: evaluating the utility of the Cultural Formulation Interview (CFI) in Mexican Mental Health Patients.”
 |
| SPRING 2011 | **National Council for Learning and Investigation in Psychology (CNEIP) Dissertation Contest, Mexico** * First place in National Dissertation Contest for undergraduate thesis: “P3 Event-related Potentials in Adults with Attention Deficit Disorder.”
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**Grants**

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| SPRING 2020 | **University of Washington Tacoma Interdisciplinary Teaching and Scholarship Collaboration (ITaSC) grant** * $6,000 awarded to ALAS Faculty Collective (AFC) to conduct ALAS.

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| FALL 2014-SPRING 2019  | **Education Graduate Research Scholar (Ed-GRS) Academic Opportunity Fellowship*** Fellowship awarded based on exemplary academic achievement.
* Provides tuition remission, stipend and professional development opportunities the first and last year of doctoral degree studies to promote research and service.
 |
| FALL 2013  | **Morgridge Center for Public Service Grant, University of Wisconsin-Madison*** Co-developed application materials for grant awarded to Dr. Stephen Quintana ($4,952) for the development and instruction of the CP620/CLS530 *Espiritualidad y Lenguaje*: Dimensions of Latin@ Mental Health Services course.
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| FALL 2012-SPRING 2018 | **Mexican National Council for Science and Technology (CONACYT) Scholarship** * Scholarship to support graduate school tuition and stipend
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| FALL 2006-SPRING 2011  | **Beca Jenkins at Universidad de las Américas Puebla** * Academic Excellence Scholarship for 80% of tuition for undergraduate studies.
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**Academic Publications**

\**Denotes co-authorship;* Underlining denotes student

**Peer-reviewed Journals**

Frost, N. D., Graham, S. R., **Ramírez Stege, A. M.,** Jones, T., Pankey, T., & Martinez, E. M. (2020). Bridging the gap: Addressing the mental health needs of underrepresented collegiate students at psychology training clinics. *Training and Education in Professional Psychology*, *14*(2), 138–144. [https://doi.org/10.1037/tep0000282](https://doi.apa.org/doi/10.1037/tep0000282)

 **Ramírez Stege, A. M.,** Chin, M.Y., & Graham, S. (2019, September 16). A critical post-colonial and resilience-based framework of supervision in action. *Training and Education in Professional Psychology*. Advance Online Publication.<https://doi.org/10.1037/tep0000276>

**Ramírez Stege, A. M**., Brockberg, D., & Hoyt, W. T. (2017). Advocating for advocacy: An exploratory survey on student advocacy skills and training in Counseling Psychology. *Training and Education in Professional Psychology. 11*(3), 190-197. <https://doi.org/10.1037/tep0000158>

**Ramírez Stege, A. M**., & Yarris, K. E. (2017). Culture in *La Clínica*: Evaluating the utility of the Cultural Formulation Interview (CFI) in a Mexican outpatient setting. *Transcultural Psychiatry. 54*(4), 466-487. <https://doi.org/10.1177/1363461517716051>

Valdez, C. R., **Ramírez Stege, A. M**., Martínez, E., D’Costa, S., & Chavez, T. (2017). A community-responsive adaptation to reach and engage Latino families affected by maternal depression. *Family Process, 57*(2), 539-556.<https://doi.org/10.1111/famp.12310>

Thompson, M. N., Nitzarim, R. S., Cole, O. D., Frost, N. D., **Ramírez Stege, A.**, & Vue, P. T. (2015). Clinical experiences with clients who are low-income: Mental health practitioners’ perspectives*. Qualitative Health Research. 25*(12), 1675-1688. <https://doi.org/10.1177/1049732314566327>

**Book Chapters**

Quintana, S. M., Lambe Sarinana, S., & **Ramírez Stege, A. M.** (2016). I too am Black: Bi/multiracial Black youth speak about their racialized experiences. In Sullivan J. M., & Cross Jr., W. E. (Eds.) *Meaning-making, internalized racism, and African American identity.* (95-109). Albany, NY: State University of New York Press.

Quintana, S. M., Chávez, T. A., & **Ramírez Stege, A. M.** (2015). What does it mean to be Mexican American? Children’s and adolescents’ perspectives. In Caldera Y. M., & Lindsey, E. W. (Eds.) *Mexican American children and families.* (13-26). New York, NY: Routledge.

**Other**

**Ramírez Stege, A.M.,** Martínez, E. M., & Valdez, C. R. (in review). Redressing the effects of immigration policy on Latinx families. *APA Children, Youth & Families News.*

Valdez, C.R., Martínez, E. M., & **Ramírez Stege, A. M.** (2016-2017). Family Strengths: A Prevention and Intervention Program for Latino Families Experiencing Depression. Group Leader Intervention Manual for the Parent Program. *Unpublished,* University of Wisconsin-Madison.

Cabrera\*, I. & **Ramírez Stege\*, A. M**. (2015). *Tomando pasos*: *Consejos* for Chican@ and Latin@ undergraduates considering graduate school. *Concientización, 10*(1&2), 30-38. Retrieved from: http://chicla.wisc.edu/sites/chicla.wisc.edu/files/Concientizacion%202015.pdf

Cabrera\*, I. & **Ramírez Stege\*, A. M**. (2014). ¡*Para arriba y hacia adelante*! Chican@ & Latin@ Students Advancing Towards Graduate School. *Regeneración*, *12*(1), 8. Retrieved from: http://chicla.wisc.edu/sites/chicla.wisc.edu/files/Regeneracion%20December%202014%20Website\_1.pdf​

**Peer-reviewed Manuscripts in Progress**

**Ramírez Stege, A. M.** (in review). *Mujeres abnegadas*: The influence of gender expectations on the psychotherapeutic encounter in Mexico. *Manuscript in review.*

**Ramírez Stege, A.M.**,Cabrera, I. E., Dueñas, M., & Quintana, S. M. (in review). *Aprender haciendo:* Bridging the personal and academic in a Latinx mental health service-learning course*.* *Manuscript in review.*

**Ramírez Stege, A. M.** (in preparation). *Psicoeducación:* The overmedicalization of mental distress in Mexico. *Manuscript in preparation.*

**Ramírez Stege, A. M.,** & Gaus Hinojosa, G. (in preparation). Perceived barriers and points of access to mental health treatment in Puebla, México *Manuscript in preparation.*

**Ramírez Stege, A. M.,** & Godinez, J. (in preparation). Trusting in God: religious and spiritual support in mental health treatment expectations in Mexico. *Manuscript in preparation.*

**Ramírez Stege, A. M.,** & Yarris, K. (in preparation). “*No puedo vivir sin el medicamento*”: Chronicity and curability in Mexican psychiatric care. *Manuscript in preparation.*

**Academic Presentations**

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| **Individual Presentations****Ramírez Stege, A. M.** (2020, March). *Mujeres abnegadas:* The causal myth of mental illness in self-sacrificing women in Mexico. Presented at the University of Washington Tacoma, Tacoma, WA. **Ramírez Stege, A. M.** (2020, February). *Cultura y tradición:* A Latinx focus on decolonizing clinical training and practice. Presented at the University of Wisconsin-Madison, Madison, WI. **Ramírez Stege, A. M.** (2017, April). *¿Qué lo causó?* Patient and caregiver perspectives on the cause of mental illness in Mexico. Presented at the Yale Bouchet Conference, New Haven, CT. **Ramírez Stege, A. M.** (2016, February). Culture in the Clinic: The utility of the Cultural Formulation Interview (CFI) (*Cultura en la clínica: Utilidad de la Entrevista de Formulación Cultural (EFC)).* Presented at the First Psychiatry Conference at Benemérita Universidad Autónoma de Puebla (BUAP) (*Primeras Jornadas de Residentes de Psiquiatría del Hospital Psiquiátrico “Dr. Rafael Serrano”*), Puebla, PUE., México. **Ramírez Stege, A. M.** & Valdez, C. (2016, September). *Fortalezas Familiares*: A community-tailored adaptation framework of a prevention program. Presented at the National Latinx Psychological Association Conference, Orlando, FL. **Ramírez Stege, A. M.** (2015, July). Culture in the Clinic: A study on the Cultural Formulation Interview (CFI) in a Mexican Outpatient psiquiatric hospital (*Cultura en la Clínica: Investigación sobre la Entrevista de Formulación Cultural (EFC) en un Hospital Psiquiátrico Mexicano*). Presented at the Interamerican Conference of Psychology (Congreso Interamericano de Psicología), Lima, Perú.**Ramírez Stege, A. M.** (2015, April). Culture in context: evaluation of the utility of the DSM-5 Cultural Formulation Interview (CFI) in Mexican mental health patients. Charles Hughes Award Presentation at the annual meeting of the Society for the Study of Psychiatry and Culture (SSPC), Providence, RI.**Symposia****Ramírez Stege, A. M.** (2018, September). *No puedo vivir otra vez sin el medicamento*: Curability and medication compliance in psychiatric care in Mexico. In A. M. Ramírez Stege (Chair), *Culture and adversity: Enhancing inclusivity in psychiatric care in Mexico*. Symposium conducted at the 18th World Congress of Psychiatry, Mexico City, Mexico.**Ramírez Stege, A. M.** (2015, April). Understanding context in mental health: Culture in clinical practice in Mexico *(Entendiendo el contexto de la salud mental: la cultura en la práctica clínica en México*). In K. Yarris (Chair), What is culture in psychological practice? Qualitative studies in Mexico and Guatemala *(¿Qué es cultura en la práctica psicológica? Estudios cualitativos en México y Guatemala*). Symposium conducted at the VII International Psychology Conference at Universidad de las Américas Puebla (*VII Congreso Internacional de Psicología UDLAP*), Puebla, PUE. México.  |
| **Roundtables & Panels****Ramírez Stege, A. M.,** Cabrera, I. E., Dueñas, M., & Quintana, S. M. (2016, May). *Espiritualidad y lenguaje:* Development of cultural competence with Latinx populations through a service-learning course. Presented at the annual meeting of the Society for the Study of Psychiatry and Culture (SSPC), Minneapolis, MN. |
| **Posters** Gaus Hinojosa, G., Gonzalez, B., Benito, M., Quintana, S., & **Ramírez Stege, A. M.** (2019, October). Perceived barriers and points of Access to mental health treatment in Puebla, México. Poster presented at the annual conference of the National Latinx Psychological Association (NLPA), Miami, FL. Godinez, J., Godinez, K., Gaus Hinojosa, G. & **Ramírez Stege, A.M.** (2018, August). *Voces que importan:* Mexican patients’ description of mental illness and treatment expectations. Poster presented at the annual convention of the American Psychological Association (APA), San Francisco, CA. **Ramírez Stege, A. M.,** Brockberg, D., Meier, E., & Hoyt, W. (2016, August). Advocating for advocacy: a survey on student advocacy skills and training in counseling psychology. Poster presented at the annual meeting of the American Psychological Association (APA), Denver, CO.**Ramírez Stege, A. M.,** Brockberg, D., Meier, E., & Hoyt, W. (2016, May). Advocating for advocacy: assessing advocacy skills and student development in counseling psychology programs. Poster presented at the annual meeting of the Society for the Study of Psychiatry and Culture (SSPC), Minneapolis, MN. Quintana, S., **Ramírez Stege, A. M.,** & Pereira, S. (2015, July). *Espiritualidad y Lenguaje*: training through service. Case study of curriculum development for Latin@ mental health providers. Poster presented at the Interamerican Conference of Psychology (Congreso Interamericano de Psicología), Lima, Perú. Quintana, S., **Ramírez Stege, A. M.,** Minero, L. P., & Gonzalez, L. M. (2015, July). *No sabe o no entiende*. Working through mental health service barriers in Guatemala. Poster presented at the Interamerican Conference of Psychology (Congreso Interamericano de Psicología), Lima, Perú.**Ramírez Stege, A. M.** (2012, June). P3 Event-related Potentials in Adults with Attention Deficit Disorder. Poster presented at the LVI Mexican National Congress of Physiological Sciences. León, GTO., México.  |
| **University & Community****Ramírez Stege, A.M.** (2020, April). Working through cultural transference. University of Washington Tacoma Counseling Services Intern Seminar. Tacoma, WA. **Ramírez Stege, A. M.** (2019, October). Culture Matters: local meanings of mental illness & care in Mexico. University of Washington Tacoma Psychology Seminar Series. Tacoma, WA. Ferris, A., Gonzalez, T., Masuret, M., Torres, J., & **Ramírez Stege, A. M.** (2019, July). Vicarious trauma. Workshop developed for lawyers and staff at SOAR Immigration Legal Services. Hillsboro, OR.Smith, J. & **Ramírez Stege, A. M.** (2019, May). Personality disorders. Guest lecture developed for naturopathic doctor training at the National University of Natural Medicine (NUNM). Portland, OR.Masuret, M., Torres, J., & **Ramírez Stege, A. M.** (2019, April). Trauma and the Latinx population. Workshop developed for lawyers and staff at SOAR Immigration Legal Services. Hillsboro, OR.**Ramírez Stege, A. M.** (2018, October). Use of the Cultural Formulation Interview (CFI). Workshop developed for clinician training at Pacific Psychology & Comprehensive Health Clinics. Hillsboro & Portland, OR.**Ramírez Stege, A. M.** (2018, October). Clinical intakes in Spanish. Guest lecture developed for the Sabiduría Latina/o Psychology Emphasis in the Pacific University Graduate School of Psychology, Hillsboro, OR.Cabrera\*, I. & **Ramírez Stege\*, A.M**. (2017, September). *Sin pelos en la lengua*: Communicating our individual needs without masking our emotions.Spanish-speaking workshop developed for the Centro Hispano Community Health Workers (*Promotoras*) and their partners to improve couples’ communication, Madison, WI. Chin\*, Mun Yuk& **Ramírez Stege\*, A.M.** (2017, February). Finding hope and strengthening self-care amidst uncertainty. Workshop developed for the University of Wisconsin-Madison PEOPLE program undergraduate student retreat, Delavan, WI. **Ramírez Stege** et al. (2014, October). *Tomando PASOS:* Different paths to graduate school. Panel presentation at the University of Wisconsin-Madison Chican@ & Latin@ Studies Program, Madison, WI. Cabrera\*, I. & **Ramírez Stege\*, A.M**., (2014, September). PASOS CVs & Personal Statements. Workshop developed for Chican@ & Latin@ Studies undergraduate students applying or thinking about applying to graduate school, Madison, WI. Quintana, S., **Ramírez Stege, A. M.,** & Herrera, N. (2014, April). Microaggressions. Workshop presented at the University of Wisconsin-Madison annual Academic Staff Institute, Madison, WI. |

**Research Experience**

**University of Washington Tacoma**

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| AUTUMN 2019-PRESENT | **ALAS: Adolescent Latinas Advancing Salud mental through Storytelling***Co-Principal Investigator* * Co-developed Youth Participatory Action Research (YPAR) project and partnership with Proyecto MoLE (Movimiento Latino Estudiantil) aimed at promoting mental health, well-being, and support among Latina adolescents in Tacoma, WA to respond to disproportionately high rates of depression.
* Coordinate team meetings and community-university partnership between UW Tacoma faculty and Proyecto MoLE leadership.
* Researchers will support youth in crafting their stories into a multimedia/multimodal project through workshops focused on mental health, wellness, the common challenges they face (e.g., academic, familial, sociopolitical), develop strategies to diminish stressors and create affirming relationships with self and others, and promote self-advocacy.

 |
| AUTUMN 2019-PRESENT  | **Latinx Mental Health Research Team** *Principal Investigator* * Supervise 6 undergraduate students developing research on culturally-based healing in Mexican populations and culturally-responsive treatment for Latinxs in local Tacoma, WA.
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**University of Wisconsin-Madison Counseling Psychology**

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| SUMMER 2016- PRESENT | **Explanatory Models of Mental Illness in Mexico (MX Team)***Principal Investigator: Dissertation Research Team* * Qualitative research understanding the explanatory models of mental illness of patients, caregivers, and providers in Puebla, Mexico, and their impact on treatment expectations.
 |
| FALL 2015- PRESENT  | **Chican@ and Latin@ Studies (CLS) Research Team** *Research Team Leader* * Assessment of undergraduate service-learning course: Dimensions of Latinx mental health.
 |
| SPRING 2013- FALL 2017 | ***Fortalezas Familiares* Research Team** *Research Team Member; supervised by Dr. Carmen Valdez* * Development and implementation of family-based interventions for Latina mothers with depression.
 |
| FALL 2015- SPRING 2017  | **Advocating for Advocacy Research Team** *Research Team Leader* * National survey assessing advocacy competencies in master’s and doctoral counseling psychology students.
 |
| FALL 2015- SPRING 2017  | **Lives of Immigrant Families Equipo (LIFE)** *Research Team Member; supervised by Dr. Carmen Valdez* * Qualitative research studying the experience of immigrant families in Arizona, NM
 |
| SPRING 2015 | **Latin@s For Ladin@s Research Team** *Research Team Leader* * Qualitative research examining how Guatemalan mental health care providers understand clients’ mental health concerns.
 |
| SPRING 2013 | **Bilingualism Research Team** *Research Team Leader* * Team focused on bilingual counselors’ and clients’ challenges within counseling settings.
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**Other**

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| SUMMER 2014 | **Latino Mental Health Research Training Program****NIMHD-funded Minority Health & Health Disparities International Research Training (MHIRT)** *Research Team Co-leader* * Conducted research with faculty from the University of Oregon, University of Southern California, and *Benemérita Universidad de Puebla* (BUAP)
* Co-developed and implemented research project: “Culture in context: Evaluation of the utility of the DSM-V Cultural Formulation Interview (CFI) in Mexican mental health patients.”
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**Teaching Experience**

**University of Wisconsin-Madison**

**Fall 2020**

CP 237 Mental Health, Self-Awareness, & Social Justice: Working in Diverse Communities

(undergraduate; online): enrollment = 150

**Graduate-student teaching (undergraduate):**

Counseling Psychology & Chican@ and Latin@ Studies Program Dimensions of Latinx Mental Health

Counseling Psychology 225 Intersectionalities, Self-awareness, and Social Actions for Change

Counseling Psychology Academic Enhancement Seminar (AES)

Center for Educational Opportunity (CeO) Educational Effectiveness seminar

Counseling Psychology 650 Theory & Practice of Interviewing

**University of Washington Tacoma**

**Summer 2020**

TPSYCH 312 Mental Illness Across Cultures (undergraduate): enrollment = 20

**Spring 2020**

TPSYCH 312 Mental Illness Across Cultures (undergraduate): enrollment = 38

 TPSYCH 210 Abnormal Psychology (undergraduate): enrollment = 38

**Winter 2020**

TPSYCH 312 Mental Illness Across Cultures (undergraduate): enrollment = 26

 TPSYCH 410 Existential Psychology (undergraduate): enrollment = 37

**Autumn 2019**

TPSYCH 210 Abnormal Psychology (undergraduate): enrollment = 40

**Course or Curriculum Development**

Abnormal Psychology (new curriculum)

 Existential Psychology (new curriculum)

 Mental Illness Across Cultures (new curriculum)

Mental Health, Self-Awareness, & Social Justice: Working in Diverse Communities (new curriculum)

Dimensions of Latinx Mental Health (new course)

**Supervision Experience**

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| SUMMER 2018-SUMMER 2019 | **Pacific Psychology Comprehensive and Health (PCH) Clinics** (Portland & Hillsboro, OR)*Doctoral Intern** Provided group and individual supervision in Spanish and English to Psy.D. and Ph.D. practicum students for their foundational clinical experience
* Supervised outreach seminar helping practicum students implement outreach activities in the Latinx community
 |
| SUMMER 2017-SPRING 2018 | **Counseling Psychology Training Clinic (CPTC) Teaching Assistant** (Madison, WI)*Supervisor & Clinical Manager** Provided individual supervision to master’s students and group supervision to master’s and doctoral trainees
* Administered day-to-day clinic needs including telephone triage, scheduling intakes for incoming clients, supervising front desk duties, and live observation of clinical trainees
 |
| SPRING 2017 | **Counseling Psychology Training Clinic (CPTC)** (Madison, WI)*Supervisor* * Provided individual supervision to two master’s level counseling psychology trainees
* Completed semester-long supervision course reviewing major theories in supervision, working from the Integrated Developmental Model (IDM) of supervision
* Administered Supervisory Working Alliance Inventory-Trainee Form (SWAI-T) and Supervisee Levels Questionnaire-Revised
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**Clinical Experience**

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| SUMMER 2018-SUMMER 2019  | **Pacific Psychology Comprehensive and Health (PCH) Clinics** (Portland & Hillsboro, OR)*Doctoral Intern** Provided adult individual and couples therapy in Spanish and English
* Conducted integrative neurocognitive psychological assessments with children
* Lead Cultural Consultation, group supervision focused on cultural factors that influence psychotherapy and supervision
* Lead outreach student groups and advocacy efforts in Portland, Hillsboro and broader Oregonian communities
 |
| FALL 2017-SPRING 2018 | **William S. Middleton Memorial Veterans Hospital** (Madison, WI)*Doctoral Extern* * Provided individual evidence-based interventions for veterans diagnosed with PTSD using the Cognitive Processing Therapy and Prolonged Exposure manualized treatments
 |
| FALL 2016-SPRING 2017 | **Mendota Mental Health Institution (MMHI)** (Madison, WI)*Advanced Practicum Clinician* * Conducted assessments of cognitive and intellectual functioning (e.g., WAIS-IV, Cognistat, RBANS), achievement (e.g., WRAT-4), personality (e.g., MMPI, PAI), and malingering (e.g., TOMM) for competency-related psychological reports
* Provided individual and group treatment for competency to stand trial in English and Spanish
 |
| FALL 2016-SPRING 2017  | **University of Wisconsin-Madison Division of Diversity, Equity, and Educational Achievement (DDEEA) Community Support Specialist** (Madison, WI)*Advanced Practicum Clinician* * Provided individual psychotherapy, psychoeducational groups, and skills-building workshops to underrepresented University of Wisconsin-Madison undergraduate students affiliated with the DDEEA scholarship programs
* Conducted outreach activities to increase psychotherapy service utilization
 |
| FALL 2015-SPRING 2016 | **The Rainbow Project** (Madison, WI)*Foundational Practicum Clinician* * Provided bilingual (Spanish & English) psychotherapy to children, adults, and families who experienced trauma, domestic violence, and/or abuse
* Co-facilitated psychotherapy group for Spanish-speaking women who experienced abuse
* Co-facilitated school-based emotional regulation intervention for children 6-8 years old
 |
| FALL 2014-SPRING 2015 | **Counseling Psychology Training Clinic (CPTC)** (Madison, WI)*First-year Practicum Experience** In-depth clinical skills development focusing on one primary case throughout the first year of doctoral training
* Provided psychotherapy to a trans-woman at the beginning of her transition process
* Provided psychotherapy to an older adult experiencing depressive symptoms in response to major life changes
 |
| FALL 2013-SPRING 2014 | **Journey Mental Health Center** (Madison, WI)*Master’s Practicum Clinician* * Provided bilingual counseling (Spanish & English) in Latino Clinic and Outpatient Services
* Co-facilitated Anger Management, PTSD & substance use (Seeking Safety), and AODA orientation groups
 |
| SPRING 2012  | ***Fundación Juconi*** (Puebla, PUE., MEX)*Volunteer* * Worked with low-income families experiencing domestic violence and/or homelessness
* Reading program assistant for toddlers and assistant for the Environment for Emotional and Social Development in Early Childhood (ADESPI) program
* Worked to enhance children’s motor, cognitive and social skills development
 |
| FALL 2009-SPRING 2010 | ***Casa de Salud* InpatientPsychiatric Clinic** (Puebla, PUE., MEX)*Practicum Clinician* * Led group therapy aimed at emotional appraisal and regulation
* Delivered individual therapy and conducted Raven’s Matrices psychological assessments
* Led CBT-oriented group therapy and imparted psychoeducation to adults diagnosed with anxiety, bipolar disorder, depression, and schizophrenia
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**Affiliations & Service to the Profession**

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| SPRING 2020-PRESENT | **National Latinx Psychological Association (NLPA)** *Conference Reviewer* * Reviewed conference submissions
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| FALL 2019-PRESENT  | **Journal Peer-Review** *Manuscript Reviewer* * International Perspectives in Psychology: Research, Practice, Consultation (APA Division 52 International Psychology Journal)
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| FALL 2015-PRESENT  | **Society for the Study of Psychiatry and Culture (SSPC)** *Conference Reviewer* * Review fellowship submissions for the annual conference
 |
| FALL 2014-SPRING 2018 | **PASOS (*Promotores Académicos Sembrando, Orientando y Superando*)** **UW-Madison Chican@ & Latin@ Studies (CLS) Program** *Co-founder & Mentor** Co-developed and co-led mentoring program to increase CLS undergraduate students applying to graduate school
 |
| SPRING 2015  | **Counseling Psychology Student Research Symposium** *Event Coordinator* * Organized Counseling Psychology student-led event to showcase and present current research
 |
| SPRING 2015 | **Concientización Journal Editorial Board** *Journal Reviewer* * *Concientización:* A Journal of Chicana/o & Latina/o Experience and Thought, Editorial Board Member. Reviewed Manuscripts for Submission (double-blind review), Vol. 9, No.1 & 2 (2015).
 |
| FALL 2013-FALL 2014  | **National Latina/o Psychological Association (NLPA)** **International Special Interest Group (I-SIG)** *Member* * Member of international special interest group helping develop plans and strategies to identify and support opportunities for international partnerships and collaborations by facilitating and advocating for the inclusion of global perspectives within the NLPA and its members.
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| FALL 2012-SPRING 2014  | **UW-Madison Diversity and Social Justice Committee** *Member* * Co-organized events concerning LGBTQIA issues including movie screenings and discussion
* Co-organized Professional Development Event on working with Sexually Violent Offender population
 |
| FALL 2012-FALL 2013 | **APA Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race** *Campus Representative* * Recruited student counselors interested in becoming more culturally competent to join the Society for the Psychological Study of Ethnic Minority Issues (APA Division 45)
 |